

Documents:

- Passport
- Plane tickets
- Health insurance
- Yellow fever vaccination certificate

Clothing and footwear:

- Boots/sneakers, 2 pairs
- Fleece jacket
- Bandana or buff
- Sun hat/cap
- Long sleeve shirts/t-shirts
- Lightweight trekking trousers
- Shorts
- T-shirts

Miscellaneous:

- Powerbank (optional)
- Sunglasses
- Mackintosh
- Sun cream spf 50
- Mosquito repellent
- Hygienic lipstick spf 10-15
- Personal first aid kit
- Personal hygiene products, wet wipes, flip-flops.
- Swimwear