

Documents:

International passport

Plane tickets

Medical insurance

Yellow fever vaccination certificate

Drugs for the prevention of malaria

Clothing and shoes:

Boots/sneakers, 2 pairs

A fleece suit or a similar set of warm clothes.

Bandana or buff

Sun Hat/Cap

Shirts/T-shirts with long sleeves

Lightweight trekking trousers

Shorts

T-shirts

Various:

Power bank (optional)

Sunglasses

Raincoat

Sun Cream spf 50

Mosquito repellents

Hygienic lipstick spf 10-15

Personal first aid kit

Personal hygiene products, wet wipes, flip-flops

Insect repellent

Bathing accessories

Anti-mosquito net for bed