

**Documents:**

- Passport
- Flight tickets
- Medical insurance covering mountaineering

**Personal equipment:**

- Backpack 50-60 liters
- Sleeping bag, comfort temperature from -20°C to -10°C
- Sleeping pad (self-inflating or foam)
- Trekking poles with wide baskets
- Crampons (steel or aluminum, compatible with boots)
- Ice axe (classic, with leash)
- Helmet
- Climbing harness
- Safety lanyards with carabiners (preferably auto-locking or screw-lock)
- Carabiners (at least 4 pcs, at least two with locking mechanism)
- Accessory cord (6-7 mm diameter, 2-3 m long for Prusik knot)
- Ascender (jumar)
- Belay/rappel device (e.g. figure eight or similar)
- Mug, spoon, bowl

**Clothing and footwear:**

- Double or triple mountaineering boots
- Trekking footwear (boots or trail shoes)
- Waterproof jacket and pants (membrane at least 5000/5000, preferably Gore-Tex)
- Fleece jacket and pants
- Thermal underwear (top and bottom)
- Down jacket with hood, thick and warm
- Warm mittens
- Thick gloves
- Thin working gloves
- Bandana or buff
- Warm hat
- Trekking socks (several pairs, including warm ones for summit day)

**Miscellaneous:**

- Headlamp with at least 12 hours of runtime and spare batteries
- Sunglasses (category 3-4)
- Ski goggles (for wind protection)
- Thermos (1 liter, preferably with a reliable lid)
- Windproof face mask or scarf
- Gaiters for snow protection
- Sunscreen (SPF 50+)
- Lip balm
- Personal first-aid kit (including altitude medication, bandages, painkillers)
- Elastic bandage and/or support brace
- Chemical hand warmers (optional)

### **Equipment rental prices on Huascarán (2024):**

Waterproof jacket — \$70

Trekking poles — \$30

Mountaineering boots (double) — \$120

Backpack 50-70 l — \$50

Down jacket — \$100

Sleeping bag (-20°C) — \$80

Sleeping bag (-30°C) — \$130

Crampons — \$50

Ice axe — \$50

Helmet — \$40

Climbing harness — \$40

Carabiners (locking) — \$10 per piece

Safety lanyards — \$20

Ascender (jumar) — \$35

Belay/rappel device — \$30

Gaiters — \$25

High-altitude tent (2-3 persons) — \$150

Kitchen set — \$30