

Personal items and camp

- A rucksack big enough for your personal items on the walking stages and on summit day
- A warm sleeping bag and mat, unless your own quote confirms that these are provided
- Trekking poles
- Head torch with a spare set of batteries
- Vacuum flask and containers for your own water supply
- Dry bags to protect your kit from dust and damp

Clothing and footwear

- Broken-in trekking or high-altitude boots, following the confirmed list
- Base layers and insulating layers
- Warm down or synthetic jacket
- Waterproof shell jacket and trousers against wind and snow
- Warm hat, and protection for your face and neck
- Thin gloves with warm mittens to go over them
- Trekking socks and warm socks

Technical equipment

- Helmet
- Climbing harness
- Crampons compatible with your boots
- Ice axe, according to the current conditions on the route
- Karabiners and belay items, as listed by your guide

Protective gear and electronics

- High-altitude sunglasses, plus spare glasses or goggles
- Sun cream and protective lip balm
- Power bank and cables
- A personal first-aid kit; do not self-prescribe treatment regimes

The full list, and what can be hired, are confirmed before booking. Use the detailed Ojos del Salado equipment list, and do not buy technical items before size, compatibility and the conditions of your particular departure have been agreed.