

The list is written for a seven-day driving safari in northern Tanzania. The final set depends on the season, the airlines and the accommodation chosen.

Documents and baggage

- Passport, visa and health documents
- Air tickets and insurance policy
- A soft holdall or suitcase within the confirmed baggage allowance
- Small day pack
- Waterproof bags for documents and electronics

Clothing and footwear

- Comfortable closed shoes and light spare footwear
- Lightweight long trousers and long-sleeved shirts
- T-shirts and underwear for the length of the trip
- Fleece jacket or another warm layer
- Lightweight waterproof jacket
- Sun hat
- Swimming things, if you need them for the accommodation chosen or for the rest of your trip

Protective gear and electronics

- Sunglasses
- SPF 50 sun cream
- Lip balm with SPF
- Insect repellent
- Binoculars, if you want them
- Camera, memory cards and something to keep dust off
- Power bank, charging cables and a suitable plug adapter
- Personal first-aid kit and any medication you take regularly

Antimalarial medication is prescribed by your doctor. There is more in the Mountain Guide article on malaria.