Documents and baggage

- Passport and digital copies of your documents
- Insurance for high-altitude trekking to 4850 m, including evacuation
- Day pack of 30-40 litres with a rain cover
- A soft holdall of the agreed weight, to be carried by pack animals
- Dry bags for your sleeping bag, clothing, electronics and documents

Clothing and footwear

- Broken-in trekking boots with good grip on rock
- Light footwear for camp
- Base layers and a dry set of clothes to sleep in
- An insulating layer and a warm jacket with a hood
- Waterproof shell jacket and trousers
- Warm hat, buff and two pairs of gloves
- Sun hat and spare trekking socks

Personal equipment

- A warm sleeping bag for sub-zero nights above 4000 m
- Trekking poles
- Head torch with spare power
- Category 3-4 sunglasses and SPF 50 sun cream
- Bottles or a hydration system holding at least 2 litres in total
- A power bank for the whole self-sufficient section
- Personal first-aid kit, toiletries and a quick-drying towel

The final list depends on the state of the passes and of the viewpoint moraine. Mountaineering equipment for the ascent of Alpamayo is not part of this product and is no substitute for the separate summit trip.