Documents and baggage

- Passport and digital copies of your documents
- Insurance for high-altitude trekking to 5200 m, including evacuation
- Day pack of 30-40 litres with a rain cover
- A soft holdall of the agreed weight, to be carried by horses
- Dry bags for your sleeping bag, clothing, electronics and documents

Clothing and footwear

- Broken-in trekking boots for stony and wet trails
- Light footwear for camp
- Base layers and a separate dry set of clothes to sleep in
- An insulating layer and a warm jacket with a hood
- Waterproof shell jacket and trousers
- Warm hat, buff and two pairs of gloves
- Sun hat and spare trekking socks

Personal equipment

- A warm sleeping bag for sub-zero nights above 4300 m
- Trekking poles
- Head torch with spare power
- Category 3-4 sunglasses and SPF 50 sun cream
- Bottles or a hydration system holding at least 2 litres in total
- A power bank for the whole self-sufficient section
- Personal first-aid kit, toiletries and a quick-drying towel

The final list is checked against the forecast and the state of the passes. Crampons, an ice axe and a climbing harness are not needed on the standard Ausangate circuit.