Equipment list for the Carstensz Pyramid climb. Participants bring all their own personal equipment. Before the trip you must agree with your guide the models of technical equipment, footwear and sleeping bag, and the weight and size limits for baggage on the helicopter.

Baggage and camp equipment

- A soft transport bag for your main baggage
- Summit pack of 30-40 litres
- Waterproof rucksack cover
- Dry bags, or strong liner bags, for clothing and electronics
- Sleeping bag with a comfort rating no higher than -5 °C
- Insulated sleeping mat with a repair kit
- Folding trekking poles
- Mug, spoon and bowl
- Water containers holding about 2 litres in total

Technical equipment

- Climbing harness
- Climbing helmet
- Ascender with a foot loop and an attachment sling
- A descender compatible with fixed ropes
- Cow’s-tail lanyards
- Karabiners – 5, at least 2 of them screwgate
- Sewn slings – 2 or 3
- Hard-wearing full-finger gloves for handling ropes
- Accessory cord for a prusik knot, as agreed with your guide

Clothing and footwear

- Waterproof trekking boots or light mountaineering boots with a dependable sole
- Light spare footwear for town and the hotel
- Base layer, top and bottoms
- Quick-drying trekking trousers
- Quick-drying T-shirts and a long-sleeved top
- Fleece jacket or fleece set
- A warm jacket with water-resistant insulation
- Waterproof shell jacket with a hood
- Waterproof shell trousers
- Thin gloves
- Warm waterproof gloves
- Spare dry gloves
- Warm hat
- Buff or bandana
- Sun cap or brimmed hat
- Synthetic or wool trekking socks
- A spare set of dry underwear and socks
- Gaiters

Useful extras

- LED head torch with at least 12 hours of battery life

- A spare set of batteries for your torch
- Sunglasses with UV protection
- Sun cream
- Lip balm with sun protection
- Power bank and the charging cables you need
- Quick-drying towel
- Wet wipes and hand sanitiser
- Insect repellent
- Personal first-aid kit
- Elastic bandage or a personal support brace
- Your own snacks for summit day
- Waterproof document wallet