The current product information carries no approved route-specific list of personal equipment. Before buying anything, obtain the leader’s final list for the particular season and agree in writing your high-altitude boots, down suit, crampons, belay equipment and sleeping bag, and how your own items work with the oxygen equipment supplied. The outline below is for preliminary preparation.

Documents

- Passport
- Air tickets or e-ticket receipts
- Mountaineering medical insurance including helicopter evacuation
- Digital copies of your documents
- Waterproof cover

Personal and technical equipment

- Expedition duffel bag of the agreed size
- Summit pack of the agreed size
- High-altitude sleeping bag
- Insulated sleeping mat
- Trekking poles
- Crampons compatible with high-altitude boots
- Classic ice axe
- Climbing harness
- Climbing helmet
- Cow’s-tail lanyards
- Ascender
- Descender
- Ice screw and karabiners, in the numbers on the leader’s list

Clothing and footwear

- Triple mountaineering boots, 8000 m class
- Broken-in waterproof trekking boots
- Light footwear for towns and lodges
- High-altitude down suit
- Waterproof shell jacket and waterproof trousers
- Fleece set
- Sets of base layers
- High-altitude mittens and a spare warm pair
- Thick and thin gloves
- Warm hat, balaclava and buff
- High-altitude and trekking socks
- Gaiters, unless they are built into your boots

Useful extras

- Two dependable head torches and spare batteries
- High-category sunglasses
- Ski goggles
- Vacuum flask of the agreed size
- Windproof face mask
- Sun cream and lip balm

- Power banks and charging cables
- Chemical hand warmers
- Personal first-aid kit
- Elastic bandage or a personal support brace
- Personal toiletries and a quick-drying towel