Documents and baggage

- Passport and digital copies of your documents
- Insurance for multi-day high-altitude trekking to 5000 m, including evacuation
- Day pack of 30-40 litres with a rain cover
- A soft holdall of the agreed weight, to be carried by the pack train
- Dry bags for your sleeping bag, clothing, electronics and documents

Clothing and footwear

- Broken-in trekking boots for stony trails and long descents
- Light footwear for camp
- Base layers and a separate dry set of clothes to sleep in
- A fleece or other insulating layer
- A warm jacket with a hood
- Waterproof shell jacket and trousers
- Warm hat, buff and two pairs of gloves
- A sun hat, trekking socks and spare dry pairs

Personal equipment

- A warm sleeping bag for nights above 4000 m at sub-zero temperatures
- Trekking poles
- Head torch and backup power
- Category 3-4 sunglasses and SPF 50 sun cream
- Flasks or a hydration system holding at least 2 litres
- A power bank with enough capacity for the self-sufficient section
- Personal first-aid kit, toiletries and a quick-drying towel

The final list is checked against the season and the state of the route. A technical ascent of Diablo Mudo or any other summit is not part of the full trekking circuit; crampons, an ice axe and a climbing harness are not needed for the standard line.