Documents and how to organise your luggage

- The passport whose details were used for the Machu Picchu ticket
- Digital copies of your documents on your phone and in cloud storage
- An insurance policy for high-altitude trekking to 4630 m
- A 25-35 litre day pack with a rain cover
- A soft holdall of the agreed size, to be carried by the local team
- Dry bags or heavy-duty plastic bags for clothing, sleeping bag and documents

Clothing and footwear

- Broken-in trekking boots with a stable sole
- Light footwear to change into at camp and at the hotel
- Base layers and a dry set of clothes to sleep in
- An insulating layer and a warm jacket with a hood
- Waterproof shell jacket and trousers, or a full set of waterproofs
- Trekking trousers and light clothing for the warm lower part of the route
- Warm hat, buff, gloves and a hat for the sun
- Trekking socks and a spare dry set

Personal equipment

- A sleeping bag rated for cold high-altitude nights around freezing and below
- Trekking poles
- Head torch with spare power
- Category 3-4 sunglasses
- SPF 50 sun cream and lip protection
- Bottles or a hydration system holding at least 2 litres in total
- Insect repellent for the humid valleys lower down
- Power bank, personal first-aid kit, toiletries and a quick-drying towel

The final list is checked before the trip against the season, the forecast and the confirmed camp arrangements. Crampons, an ice axe, a helmet and a climbing harness are not needed for the standard Salkantay line.