High-altitude ski touring on Ararat calls for a compatible set of ski touring, avalanche, mountaineering and camping equipment. Avalanche equipment can be reserved in advance from Rock and Rent. Touring skis, boots, bindings, skins and ski crampons are not available for hire.

Documents

- Passport
- Tickets
- Insurance policy
- A visa and any other entry documents, where these are required

Ski-touring and avalanche kit

- Touring skis or a splitboard with bindings that have a walk mode
- Skins, trimmed to your own skis or splitboard
- Ski crampons compatible with your bindings
- Warm touring boots compatible with your bindings and with mountaineering crampons
- Adjustable ski poles with winter baskets
- Avalanche transceiver and a spare set of batteries
- Avalanche probe at least 240 cm long
- Avalanche shovel
- Ski or climbing helmet
- A 30-50 litre rucksack with a ski carry system

Mountaineering and overnight equipment

- Mountaineering crampons compatible with ski-touring boots
- Classic ice axe
- Climbing harness, karabiners and personal safety line, to your guide’s list
- A sleeping bag with a comfort rating agreed for the dates of the trip
- Insulated sleeping mat
- Your own eating utensils
- Head torch and a spare set of batteries

Clothing

- Base layer, top and bottoms
- Warm mid layer
- Softshell jacket and trousers for walking
- Waterproof shell jacket with a hood
- Waterproof shell trousers that can be pulled on over your boots
- Warm down or synthetic jacket with a hood
- Thin gloves for the ascent
- Warm ski gloves and high-altitude mittens
- Warm hat, buff or balaclava
- Warm ski-touring socks
- Light footwear for town

Personal items

- Category 3-4 mountain sunglasses
- Ski goggles for wind and poor visibility

- Vacuum flask, 1 litre, without a push-button lid
- Reusable water bottle
- SPF 30-50 sun cream and lip balm with SPF
- A personal first-aid kit suited to your own medical needs
- Power bank, and waterproof packing for documents and electronics