The trip calls for a full set of kit for day ski tours. Check every item before you travel: your boots must fit your bindings, your skins your skis, and your ski crampons the particular model of binding. Additional glacier equipment is needed only for the routes where your guide specifies it.

Documents

- Passport
- Tickets
- Insurance policy
- A visa and any other entry documents, where these are required

Ski-touring and avalanche kit

- Touring skis or a splitboard with bindings that have a walk mode
- Skins, trimmed to your own skis or splitboard
- Ski crampons compatible with your bindings
- Touring boots compatible with your bindings
- Adjustable ski poles with winter baskets
- Avalanche transceiver and a spare set of batteries
- Avalanche probe at least 240 cm long
- Avalanche shovel
- Ski or climbing helmet
- A 30-40 litre rucksack with a ski carry system

Additional items for a glacier route, as your guide directs

- Climbing harness
- Mountaineering crampons compatible with ski-touring boots
- Classic ice axe
- Karabiners, a personal safety line and accessory cord to your guide’s list

Clothing

- Base layers
- Warm mid layer
- Softshell jacket and trousers for walking
- Waterproof shell jacket with a hood
- Waterproof shell trousers
- An insulated jacket
- Thin gloves for the ascent
- Warm ski gloves
- Warm hat, buff or balaclava
- Ski touring socks
- Everyday shoes and clothing for the valley

Personal items

- Category 3-4 mountain sunglasses
- Ski goggles for wind and poor visibility
- A 1-litre vacuum flask
- A snack for the day
- SPF 30-50 sun cream and lip balm with SPF

- A personal first-aid kit suited to your own medical needs
- Head torch and a spare set of batteries
- Phone, power bank and waterproof packing for electronics