Kazbek calls for a full set of ski touring, avalanche and glacier equipment. Avalanche equipment can be reserved in advance from Rock and Rent. Touring skis, boots, bindings, skins and ski crampons are not available for hire.

Documents

- Passport
- Tickets
- Insurance policy
- A visa and any other entry documents, where these are required

Ski-touring and avalanche kit

- Ski-touring skis with bindings that have a walk mode
- Skins, trimmed to your own skis
- Ski crampons compatible with your bindings
- Warm touring boots compatible with your bindings and with mountaineering crampons
- Adjustable ski poles with winter baskets
- Avalanche transceiver and a spare set of batteries
- Avalanche probe at least 240 cm long
- Avalanche shovel
- Ski or climbing helmet
- A 50-60 litre rucksack with a ski carry system
- A transport holdall for your load, if you are booking baggage carriage

Glacier and climbing equipment

- Mountaineering crampons compatible with ski-touring boots
- Classic ice axe
- Climbing harness
- Four karabiners, at least two of them screwgate
- Two prusik loops, or accessory cord, as your guide advises
- Cow’s-tail lanyard
- One personal ice screw on its own karabiner
- Head torch and a spare set of batteries

Overnight equipment

- A sleeping bag with a comfort rating agreed for the dates of the trip
- An insulating sleeping mat, for the tented fallback option
- Your own eating utensils

Clothing and footwear

- Base layer, top and bottoms
- Warm mid layer
- Softshell jacket and trousers for walking
- Waterproof shell jacket with a hood
- Waterproof shell trousers that can be pulled on over your boots
- Warm down or synthetic jacket with a hood
- Thin gloves for the ascent
- Warm ski gloves and high-altitude mittens

- Warm hat, buff or balaclava
- Warm ski-touring socks
- Light footwear for Kazbegi

Personal items

- Category 3-4 mountain sunglasses
- Ski goggles for wind and poor visibility
- Vacuum flask, 1 litre, without a push-button lid
- SPF 30-50 sun cream and lip balm with SPF
- A personal first-aid kit suited to your own medical needs
- Power bank, and waterproof packing for documents and electronics