No technical, trekking or mountaineering equipment is needed. What you bring should suit long walks around the cities, visits to temples and changeable weather.

Documents

- Passport
- A visa or other entry permit, if one is required
- Air tickets or e-ticket receipts
- Medical insurance
- Digital copies of your documents on your phone and in cloud storage

Personal items

- A small day pack
- Waterproof document wallet
- Reusable water bottle
- Power bank and charging cables
- Universal plug adapter

Clothing and footwear

- Comfortable broken-in shoes for long walks
- Light clothing for warm weather
- A warm layer for cool mornings and evenings
- A light waterproof jacket or an umbrella
- Clothing that covers shoulders and knees for visits to religious sites
- Sun hat

Useful extras

- Sunglasses
- Sun cream
- Insect repellent for the warm, humid months
- Hand sanitiser and wet wipes
- Small quick-drying towel
- A personal first-aid kit suited to your own medical needs