The final list is issued for your dates and the actual state of the routes. Below is the basic set for the published itinerary, with days out to 5636 m and snow and ice sections on Orizaba.

Clothing and footwear

- Broken-in mountaineering boots compatible with crampons
- Trekking footwear for the approaches and the lower volcanoes
- Base layers, an insulating layer and a warm jacket
- Waterproof shell jacket and trousers
- Thin gloves with warm mittens to go over them
- Hat and face protection
- Mountain sunglasses and spare goggles or glasses

Technical and personal equipment

- Crampons that fit your boots
- Ice axe
- Helmet
- Climbing harness and an agreed set of karabiners
- Trekking poles
- Head torch with a spare set of batteries
- A rucksack for the day and summit outings
- A sleeping bag, if the final list specifies one for the accommodation confirmed
- Vacuum flask and your own water containers
- Sun cream and lip protection
- Personal first-aid kit and any medication you take regularly
- Power bank and waterproofing for documents and electronics

New boots, crampons and harness must be tested before you fly. There is more in our piece on equipment for Orizaba and the volcanoes of Mexico.