- Warm layered clothing for long spells in the cold
- Expedition down jacket and insulated trousers
- Winter trekking boots compatible with the crampons or ice grips issued
- Two pairs of gloves and warm mittens
- Warm hat, balaclava and face protection against the wind
- Sunglasses and goggles
- A sleeping bag of the required rating, once the partner has confirmed it
- Vacuum flask, head torch and a personal first-aid kit
- Trekking poles with winter baskets
- A day pack and a soft holdall
- Binoculars; for photographers, a camera, a long lens and a stable tripod
- Spare batteries, memory cards and insulated cases for your equipment

The final list is issued once you have chosen a module. Do not buy crampons, a sleeping bag or specialist winter equipment before the local team has confirmed its requirements.